



PRETZEL RUN

ST. ROBERT SCHOOL

Join us for the 1st Annual Pretzel Run!

This 5K run and 1.5M fun run/walk is hosted by St. Robert School. The proceeds will benefit the school's 200+ students in preK through 8th grade. It's a great opportunity to advance your health, socialize and support an award-winning school! A post-race celebration social will be held at the Estabrook Beer Garden and playground. All ages are encouraged to participate.

Location: Oak Leaf Trail - Estabrook Park - 4600 Estabrook Park Milwaukee, WI US 53217

Registration & Fees

- \$30 July 1- August 13
- \$35 August 14-August 24
- \$40 Race Day
- \$15 Kid's Pretzel Dash (8 and under)

What's Included:

Each registered participant will receive a race t-shirt, a fresh-baked pretzel and admittance to the post-race celebration social at the Estabrook Beer Garden and playground. 5K participants will also receive chip-timed results. All Kids Pretzel Dash participants receive a participant ribbon.

Complete and mail/drop off with check payable to: St. Robert School c/o Pretzel Run 2200 E. Capitol Dr, Shorewood, WI 53211

NAME _____ AGE ON RACE DAY _____

ADDRESS _____ GENDER _____

CITY _____ STATE _____ ZIP _____

EMAIL _____ PHONE _____

EVENT (CIRCLE ONE) 5K Run 1.5 Mile Walk Kids Dash Donation Only \$ _____

T-SHIRT SIZE (CIRCLE ONE) YXS YS YM YL S M L XL XXL

Waiver

In consideration of you accepting this entry, I, the participant, intending to be legally bound do hereby waive and forever release any and all right and claims for damages or injuries that I may have against the Event Director and St. Robert, RunSignUp.com, Milwaukee County Parks, and all of their agents assisting with the event, sponsors and their representatives, volunteers and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and course conditions, and waive any and all claims which I might have based on any of those and other risks typical found in running a road race. I acknowledge all such risks are known and understood by me. I agree to abide by all decisions of any race official relative to my ability to safely complete the run. I certify as a material condition to my being permitted to enter this race that I am physically fit and sufficiently trained for the completion of this event and that a licensed Medical Doctor has verified my physical condition. In the event of an illness, injury or medical emergency arising during the event I hereby authorize and give my consent to the Event Director to secure from any accredited and/ or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment and hospitalization. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above release and waiver. Further, I grant permission to all the foregoing to use my name, voice and images of myself in any photographs, motion pictures, results, publications or any other print, videography or electronic recording of this event for legitimate purposes.

SIGN (Parent or Guardian if under 18 Yrs old): _____

Online registration and additional race information can be found at
www.pretzelrun.org

